

## **Kane County Challenges Residents to Learn CPR with Free Classes**

In recognition of National Heart Month in February, the Kane County Sheriff's Office, the Kane County Health Department, and Advocate Sherman (CTC) have teamed up to teach as many individuals Cardiopulmonary Resuscitation (CPR) as possible.

CPR is an emergency lifesaving procedure performed when the heart stops beating. Immediate CPR can double or triple chances of survival after cardiac arrest.

According to the National Center for Health Statistics, heart disease is the number one cause of death among Americans and has been since 1950.

To emphasize the importance of living a heart healthy lifestyle and preventing heart related diseases, the Kane County Health Department, Sheriff and Advocate Sherman (CTC) are offering the CPR classes to the community at no cost to participants.

There are currently 24 classes available throughout February with 720 open slots. Classes taught to the public will follow the American Heart Association's Heart Saver CPR course and will not provide certification.

To register for a free CPR class, [click here](#) or scan the QR code below.

First responders and healthcare professionals who require Basic Life Support (BLS) certification for their jobs can contact Nickey Franzen, Kane County Sheriff's Office CPR Coordinator at: [FranzenNicole@co.kane.il.us](mailto:FranzenNicole@co.kane.il.us) to ensure you are placed in a BLS class.



 **Advocate Sherman Hospital**  
Tomorrow starts today.



# JOIN KANE COUNTY FOR **HEART MONTH**

Sign up for a **FREE CPR CLASS** using  
the QR code below!

FEBRUARY  
**02**

FEBRUARY  
**07**

**CPR**

FEBRUARY  
**16**

FEBRUARY  
**23**



Time & location options provided in registration. Must be 18 years or older to participate.

If you require BLS Certification for your job, please contact  
**Nickey Franzen, Kane County CPR Coordinator: 630-444-1126**